Motionspot

Advancing Gender Equity in the Built Environment

Access Association

26 March 2026



My parenting journey

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- Spinal injury
- Pregnancy
- Birth
- NICU
- Exclusively pumping
- COVID and lockdown
- Wheelchair parenting
- Hospital admissions
- Inclusive design consultancy

The intersection between disability and parental status

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We're all intersectional



1.2 million
people in the UK use a wheelchair

30-40%
of disabled adults are parents

½ million
wheelchair user parents in the UK

Getting it right













The impact of getting it right

- Buildings and spaces that **welcome everyone, regardless** of their **identity** and **characteristics**.
- **Remove the barriers** that create effort and separation.
- **Enable everyone** to **participate equally**, **confidently**, and **independently** in everyday activities.

Inclusive Design Overlay to the RIBA Plan of Work, 2023



